## Optimizing Patients Management in Lung NETs

Ming-Huang Chen, MD, PhD Department of Oncology Taipei Veterans General Hospital



## **Neuroendocrine Tumors**

Neuroendocrine tumors (NETs) comprise a heterogeneous group of malignancies that arise from neuroendocrine cells throughout the body.

- Most occurs in the lung, thymus, gastrointestinal tract and pancreas.
- NETs of gastrointestinal tract and pancreas groups together as GEP-NETs, <u>GastroEnteroPancreatic</u> <u>NeuroEndocrine Tumors</u>.
- Like other NET, pancreatic NET can also be nonfunctional tumors (tumors whose hormones cause no symptoms)



### Incidence of NETs by Location in the US



#### 35,618 patients with NETs from 1973 to 2004



### The age-standardized incidence rate of neuroendocrine tumors, Taiwan, 1996–2008 (by primary sites)



The age-standardized annual incidence rate of NETs in Taiwan increased from 0.30 per 100,000 in 1996, to 0.55 per 100,000 in 2000, and to 1.51 per 100,000 in 2008

> The age-standardized incidence rate of NETs increased by 83% from 1996 to 2000 and by 175% from 2000 to 2008.

### Lung NET has Worse Prognosis than Most GI NETs

G1/G2 NET diagnosed 1988–2004					
Site	Localized	Regional	Distant		
Jejunum/ileum	115	107	65		
Duodenum	112	69	57		
Caecum	135	107	55		
Thymus	92	68	40		
Appendix	NR	NR	31		
Pancreas	NR	111	27		
Rectum	NR	90	26		
Lung	NR	151	17		
Gastric	163	76	13		
Liver	47	14	12		
Colon	NR	52	7		
	Median OS: (Any NET diagnosed	75 months between 1973-2004)			

Median survival (months) G1/G2 NET diagnosed 1988–2004

Yao JC, et al. J Clin Oncol. 2008;26(18):3063-72; Rekhtman N, et al. Arch Pathol Lab Med. 2010;134(11):1628-1638; Phan AT, et al. Pancreas, 2010;39(6):784-798

#### Patients with Atypical Carcinoid and Poorly Differentiated Lung NEC Have Worse Prognosis



Rekhtman N, et al. Arch Pathol Lab Med. 2010;134(11)1628-1638; Travis WD, et al. Am J Surg Pathol. 1998 Aug;22(8):934-44; 23. Natasha Rekhtman, et al. Arch Pathol Lab Med 2010;134.

# Epidemiology

#### **Bronchial NET epidemiology**

- 1% of all lung cancer and ~30% of all NETs (Prevalence Rate: 0.2-2 per 100,000)
- 40's to 60's is most common age

(45 y/o in TC and 55 y/o in AC)

- TC : AC ≅ 8-10 : 1
  - Smoking related to AC, no other known environmental risk factors
- Inherited risk
  - 95% sporadic and not associated with inherited risk
  - 5% associated with inherited condition MEN1 (TC>AC)

### 2015 WHO Classification of Lung NET/NEC

	тс	AC	LCNEC	SCLC
Tumor grade	Low	Intermediate	High	High
Histology	Well- differentiated NET	Well- differentiated NET	Poorly- differentiated NET	Poorly- differentiated NET
H&E Stain				
Mitoses/10 HPF	<2	2-10	>10 (median=70)	>10 (median=80)
Ki-67 Index	<2%	<20%	20-90%	<b>60-100%</b>
Necrosis	None	Present (focal punctate)	Present (extensive)	Present (extensive)
Malignancy	Fairly benign	Considerable malignant potential	Highly malignant	Highly malignant
TTF1 expression	Mostly negative	Mostly negative	Positive 50%	Positive 85%
Combined with non-SCLC component	No	No	Sometimes	Sometimes

Rekhtman N, et al. Arch Pathol Lab Med. 2010;134(11)1628-1638; Filosso PL, et al. J Thorac Dis. 2015;7(Suppl 2):S163-S171.

### 2015 WHO Classification of Lung NETs

#### **Key differentiating characteristics**

- > Presence/absence of necrosis
- Mitoses/2 mm
- Ki-67 outperformed mitotic index as a prognostic factor; useful in distinguishing subtypes of lung NET

#### Lung carcinoids (TC/AC) are low-intermediate grade tumors, however

- Lymph-node involvement + local recurrence or distant metastases can occur, impacting prognosis
- Metastases seen in patients with both TC (5-20%) and AC (30-70%)
- Significantly longer median OS with localized vs metastatic lung NET (227 vs 16 months)

Yao JC, et al. J Clin Oncol. 2008;26(18):3063-72 ; Travis WD J, et al. Thorac Oncol. 2015;10(9)1243-1260; Filosso PL, et al. J Thorac Dis. 2015;7(Suppl 2)S163-S171; Volante M, et al. Endocrine. 2015; 11. Gustafsson BI, et al. Cancer. 2008;113(1):5-21.

### Molecular Landscape





Simbolo M, et al. Journal of Pathology. 2017;241:485-500;

### Molecular Landscape (Heterogeneous classification LCNEC)



### Molecular Landscape (Heterogeneous classification Supracarcnoid)



- 81 Typical
- 35 Atypical
- 75 LCNEC
- 66 SCLC
- Atypical NETs stratified in to two groups
  - -10yr OS 88%
  - -10yr OS 27%
  - -Poorer OS
  - morphologically Atypical NEN
  - molecularly and clinically LCNEC

"Supra-carcinoid"

# Supracarcinoid: 披著羊皮的狼??



### **Treatment Consideration**

Disease Factors	Patient, health system
- Histopathology (TC, AC, Ki67?)	- Age
- Genomics (TC, AC, supracarcinoid)	- Comorbidities
- Previous treatment (Radiation)	- Access of therapy (PRRT)
- Functional symptoms	
- Pace of disease	
- Tumor burden	

### **Treatment Choices**

Tools	Evidence level
- SSA (Somatostatin Analog)	
- Everolimus	
- Chemotherapy	
- PRRT	

# **Somatostatin Receptors**

- **Carcinoid Tumours**
- Gastrinomas
- Insulinomas
- Non-functional pancreatic ET
- Merkel Cell Tumour / Phaeochromocytoma

- sst2>sst5>sst1>sst3&4
- sst2>sst5=sst1>sst3>sst4
- sst5>sst3><mark>sst2</mark>>sst4>sst1 benign
- sst2>sst3>sst1>sst5>sst4

sst2>sst1>sst5=sst4>ssst3

Royal Free Hampstead



#### **Octreotide LAR Provides Effective Symptom Relief**



## **PROMID Study Design**



- Treatment was continued until CT or MRI documented tumor progression (WHO)
- Follow-up until death
- CT and/or MRI were evaluated by a blinded central reader

Rinke A, et al. J Clin Oncol. 2009;27:4656-4663.

### Octreotide LAR 30 mg Significantly Increases Time to Tumor Progression

Octreotide LAR vs placebo P=0.000017 HR= 0.33 (95% CI: 0.19–0.55)



2. Arnold R, et al. J Clin Oncol. 2009;27(suppl):15s; Abstract 4508.

#### Study aim and design

#### GEP NET!!, no lung NET





ClinicalTrials.gov NCT00353496; EudraCT 2005-004904-35.

Presentation Presidential Session of the 17th ECCO – 38th ESMO – 32nd ESTRO European Cancer Congress, 28 September 2013, abstract E17-7103, Amsterdam- EJC, vol 49 (3), 2013

#### Primary endpoint: PFS (ITT population, N=204)



P-value derived from stratified log-rank test; HR derived from Cox proportional hazard model. HR, hazard ratio; ITT, intention-to-treat.

Presentation Presidential Session of the 17th ECCO – 38th ESMO – 32nd ESTRO European Cancer Congress, 28 September 2013, abstract E17-7103, Amsterdam- EJC, vol 49 (3), 2013

## Efficacy and Safety of Lanreotide Autogel/ Depot 120 mg vs. Placebo in Subjects With Lung Neuroendocrine Tumors (SPINET)



-Ipsen sponsored; Austria, Canada, Denmark, France, Germany, Italy, Netherlands, Poland, Spain, UK, USA
 -Opened Feb 2016; planned for 216 patients; Recruitment stopped at 77 pts
 -Primary EP: PFS (RECIST 1.1); 2ndary: RR, OS, TTF, biochem
 -final data Feb 2020

### LUNA Design

Efficacy and safety of long-acting pasireotide or everolimus alone or in combination in patients with advanced carcinoids of the lung and thymus: an open-label, multicentre, randomised, phase 2 trial



1. Ferolla P et al.Lancet Oncol 2017; 18: 1652–64

### PFS by investigator assessment

20 Everol 10 Comb	otide group imus group ination group				l
0	3	6	9	12	15
Number at risk		Time (mo	onths)		
(number censored) Pasireotide group 41 (0)	29 (6)	22 (8)	16 (8)	5 (16)	0(21)
Everolimus group 42 (0)	30 (9)	19 (11)	17 (11)	7 (19)	
Combination group 41 (0)	30 (7)	27 (9)	25(9)	4 (23)	0 (27)
	Pasireo	tide group	Everolimus	group	Combination
	(n=41)	•	(n=42)	•	group (n=41)
Overall lesion response at month 9					
Complete response	0 (0%	<i>,</i> 0·0–8·6)	0 (0%, 0·0	)—8·4)	0 (0%, 0·0–8·6)
Partial response	1 (2·4%	5, 0·1–12·9)	1 (2·4%, 0·∷	1–12·6)	1 (2·4%, 0·1–12·9)
Stable disease		14	13		20
Stable disease	(34·1%,	20.1–50.6)	(31.0%,17.	6 <b>—</b> 47·1)	(48.8%, 32.9–64.9)
Progressive disease	7 (	17·1%)	1 (2·4	%)	0
Unknown	1	(2·4%)	2 (4·8	%)	3 (7·3%)
Not assessed	18	(43·9%)	25 (59·	5%)	17 (41·5%)
Discontinued before month 9	20	(48·8%)	24 (57·	1%)	16 (39·0%)

Ferolla P, et al. Lancet Oncol 2017; 18: 1652–64

### **Treatment Choices**

Tools	Evidence level
- SSA	SPINET (early terminated), LUNA (Can extrapolate to other SSA?)
- Everolimus	
- Chemotherapy	
- PRRT	

#### RADIANT-4, the Phase III Study of Afinitor<sup>®</sup> in Treating Advanced Neuroendocrine Tumors



**RADIANT-4:** The RAD001 in Advanced Neuroendocrine Tumors, Fourth Trial; **PFS:** progress free survival; **OS:** overall survival; **ORR:** objective response rate; **DCR:** Disease control rate; **HRQoL:** health-related quality of life; **WHO PS:** WHO performance status; **PK:** pharmacokinetics

17.Yao JC, et al Lancet. 2016 Mar 5;387(10022):968-977.

#### **Baseline and Disease Characteristics**

		Everolimus (n=205)	Placebo (n=97)
Age, years		65 (22-86)	60 (24-83)
<b>C</b>	Men	89 (43%)	53 (55%)
Sex	Women	116 (57%)	44 (45%)
WHO performance	0	149 (73%)	73 (75%)
status	1	55 (27%)	24 (25%)
	Lung	63 (31%)	27 (28%)
	lleum	47 (23%)	24 (25%)
	Rectum	25 (12%)	15 (16%)
	Neuroendocrine tumor of unknown primary origin	23 (11%)	13 (13%)
	Jejunum	16 (8%)	6 (6%)
Primary tumor site	Stomach	7 (3%)	4 (4%)
	Duodenum	8 (4%)	2 (2%)
	Colon	5 (2%)	3 (3%)
	Other	6 (3%)	2 (2%)
	Caecum	4 (2%)	1 (1%)
	Appendix	1 (1%)	0
Turner averages	Grade 1	129 (63%)	65 (67%)
Tumor grades	Grade 2	75 (37%)	32 (33%)

17.Yao JC, et al Lancet. 2016 Mar 5;387(10022):968-977.

#### **Progression Free Survival by Central Review**





<sup>17.</sup>Yao JC, et al Lancet. 2016 Mar 5;387(10022):968-977.

#### **Overall Survival by Central View**





<sup>17.</sup>Yao JC, et al Lancet. 2016 Mar 5;387(10022):968-977.

### **Summary of RADIANT-4**

			Afinitor	Placebo	HR			
Prolong Survival	Median PFS 11.0 months	<b>11.0</b> months	3.9 months	<b>0.48</b> <i>p</i> < 0.00001				
	<ul> <li>Afinitor also had a favorable effect on overall survival</li> </ul>							
		HR						
	Overall survival	<b>0.64</b> <i>p</i> = 0.037						
<b>-</b> -		More patients whether the second seco	no received Afinit	tor experienced	tumor shrinka			
Reduce			Afinitor		Placebo			
Tumor Size	Tumor Shrinkage	<b>64</b> %		26 %				

#### **Baseline and Disease Characteristics of Patients** with Lung NETs (1)

		Lung (N	= 90)
Characteristics		Everolimus n=63	Placebo n=27
Age, median (range)		67 (34-86)	61 (24-80)
Male, n (%)		32 (51)	15 (56)
	0	46 (73)	18 (67)
WHO performance status, n (%)	1	16 (25)	9 (33)
	Caucasian	53 (84)	24 (89)
Race, n (%)	Asian	7 (11)	2 (7)
	Others	3 (5)	1 (4)
- 1 (2)	Grade 1	26 (41)	13 (48)
Tumor grade, n (%)	Grade 2	26 (57)	14 (52)
	< 2 mitoses/ 10 HPF	2 (3)	1 (4)
	> 2-10 mitoses/ 10 HPF	7 (11)	7 (26)
	≤ 2% Ki-67 index	6 (9)	2 (7)
Proliferation index by primary tumor, n (%)	3-20 % Ki-67 index	37 (59)	15 (56)
	> 20% Ki-67 index	3 (5)	0
	Not done	8 (13)	2 (7)

18. Fazio N, et al. Presented at ENETS, March 9 to 11, 2016, Barcelona, Spain.

#### **Baseline and Disease Characteristics of Patients** with Lung NETs (2)

Chama at a ni ati a a		Lung (I	ing (N = 90)	
Characteristics		Everolimus n=63 Placebo n=		
Median time from initial d	liagnosis to randomization months (range)	25.8 (2.2-258.4) 37.5 (3.7-303		
Metastatic extent of	Hepatic (with or without other organ) involvement	43 (68)	20 (74)	
disease, n (%)	Extra-hepatic	20 (32)	7 (26)	
Prior treatments, n (%)	Surgery	33 (52)	18 (67)	
	Somatostatin analogs	27 (43)	11 (41)	
	Chemotherapy	25 (40)	13 (48)	
	Radiotherapy including peptide receptor radionuclide therapy	25 (40)	13 (48)	
	None	14 (22)	5 (18)	
	> 0 to 10%	33 (52)	17 (63)	
Liver tumor burden	> 10% to 25%	10 (16)	2 (7)	
	> 25%	6 (10)	3 (11)	

18.Fazio N, et al. Presented at ENETS, March 9 to 11, 2016, Barcelona, Spain.

#### **Progression Free Survival by Central Review**



18.Fazio N, et al. Presented at ENETS, March 9 to 11, 2016, Barcelona, Spain.

TW1712754761

#### More Patients who Received Afinitor Experienced Tumor Shrinkage



18. Fazio N, et al. Presented at ENETS, March 9 to 11, 2016, Barcelona, Spain.

#### **Similar Safety Profile in Patients with Lung NETs**

Lung	Everolin	nus n=62*	Placet	oo n=27
Preferred Term, n (%)	All grades	Grade 3 or 4	All grades	Grade 3 or 4
Stomatitis <sup>†</sup>	38 (61)	7 (11)	7 (26)	0
Rash	22 (35)	0	1 (4)	0
Fatigue	20 (32)	2 (3)	5 (22)	0
Peripheral edema	17 (27)	2 (3)	0	0
Diarrhea	16 (26)	3 (5)	2 (7)	0
Infections <sup>‡</sup>	14 (23)	5 (8)	1 (4)	0
Asthenia	14 (23)	1 (2)	0	0
Anemia	13 (21)	2 (3)	1 (4)	0
Decreased appetite	13 (21)	0	2 (7)	0
Nausea	12 (19)	2 (3)	3 (11)	0
Pyrexia	12 (19)	2 (3)	1 (4)	0
Hyperglycemia	11 (18)	6 (10)	2 (7)	0
Dyspnea	9 (14)	1 (2)	3 (11)	1 (4)
Non-infectious pneumonitis	8 (13)	1 (2)	1 (4)	0
Dysgeusia	8 (13)	0	1 (4)	0
Cough	8 (13)	0	1 (4)	0
Pruritus	7 (11)	1 (2)	0	0
Dry mouth	7 (11)	0	0	0
Weight decreased	5 (8)	1 (2)	3 (11)	0

\*In everolimus arm, 1 patient withdraw the consent. <sup>†</sup>Includes stomatitis, aphthous stomatitis, mouth ulceration, and glossitis. <sup>‡</sup>Includes all infections.

18.Fazio N, et al. Presented at ENETS, March 9 to 11, 2016, Barcelona, Spain.

#### **Summary of RADIANT-4 in Lung NETs**

Prolong	>	<ul> <li>Afinitor was associated with clinically meaningful improvement of F in patients with advanced, progressive, well-differentiated, non-functional lung NET</li> </ul>						
Survival			Afinitor	Placebo	HR			
		Median PFS	9.2 months	3.6 months	<b>0.50</b> (95% CI 0.28-0.88)			
Reduce Tumor Size	>		no received Afini Afinitor	tor experienced	l tumor shrinkage Placebo			
		Tumor Shrinkage	<b>57.9</b> %		13.0%			
Well Tolerated	>	Afinitor was well	tolerated with no	o new safety sig	gnals			

TW1712754761
#### 「藥品給付規定」修訂對照表

#### 第9節 抗癌瘤藥物 Antineoplastics drugs (自108年10月1日生效)

使用於無法切除、局部晚期或轉移之胃腸道或**肺部** 來源之非功能性神經內分泌腫瘤成人病患,需同時 符合下列條件:(108/10/1)(1)腫瘤分化程度為 良好者。(2)為進展性腫瘤,即過去12個月影像檢 查為持續惡化者(RECIST定義為疾病惡化者)。 (3)**不可合併使用化學藥物或其他標靶藥物。** 

#### **Treatment Choices**

Tools	Evidence level
- SSA	SPINET (early terminated), LUNA (Can extrapolate to other SSA?)
- Everolimus	RADIANT4
- Chemotherapy	
- PRRT	

### Chemotherapy

Study	C/T regimen	n	ORR	PFS
Forde, et al	Etoposide+ cisplatin	17	23.5%	7 mon
Faure, et al	Folfox	31 (lung n=8)	29%	14.1 mon
Spada, et al	Oxaliplatin based (G+O, Xeloda+O, Folfox)	78 (lung=19)	26%	8 mon
Al-Toubah T <sup>et</sup> al.	Temozolamide+ Xeloda	20	30%	13 mon

- Very little data, no RCT, limited numbers...
- The best regimen ?

Forde, et al. J Thorac Oncol. 2014 Mar;9(3):414-8. Faure M, etal. Mol Clin Oncol. 2017 Jan;6(1):44-48. Spada F, et al. Neuroendocrinology. 2016;103(6):806-14. Al-Toubah T<sup>,</sup> et al. Oncologist. 2019

#### **Treatment Choices**

Tools	Evidence level
- SSA	SPINET (early terminated), LUNA (Can extrapolate to other SSA?)
- Everolimus	RADIANT4
- Chemotherapy	Case series
- PRRT	

## Peptide Receptor Radionuclide Therapy (PRRT)

- Theranostics: A Combination of Diagnosis and Therapy
- Targeted delivery of cytotoxic radioactivity to tumors that strongly express somatostatin receptors (SSTRs)
- Only One phase 3 study (NETTLER study) demonstrated efficacy in midgut NET.





### Midgut NET: NETTER 1—Phase 3 Study of <sup>177</sup>Lu-Dotatate + Octreotide vs. High-Dose Octreotide MidGut !!, no lung NET



RECIST, Response Evaluation Criteria in Solid Tumors.

Strosberg J et al. Presented at: European Cancer Congress 2015; September 25-29, 2015; Vienna, Austria.

For distribution in response to an unsolicited request for medical information subject to local NP4 approval.

#### **NETTER-1: PFS**



Strosberg J et al. Presented at: European Cancer Congress 2015; September 25-29, 2015; Vienna, Austria.

For distribution in response to an unsolicited request for medical information subject to local NP4 approval.

PRRT series n LNET		n other NET	Isotope	Major findings	
Mariniello A, 2016	114	-	<sup>90</sup> Y; <sup>177</sup> Lu; <sup>90</sup> Y + <sup>177</sup> Lu	PR/minor response in 26.5%, associated with longer OS, PFS	
lanniello A, 2016	34	-	Prospective sequential pts with PD; <sup>177</sup> Lu	DCR for TC = 80%: CR=6%, PR=27%, SD=47%) mPFS = 20m (95%Cl 12 – 27) FDG _PET may predict non responders; TTF-1 prognostic	
Lim, 2019	35	-	177 <sub>Lu</sub>	mOS= 33m (range 2-91)	
Brabander T, 2017 (Erasmus)				PR= 7, SD= 7, PD =6, 3= N/E	
Imnof, 2011	- Sounds rationale !! (Theranostics)				
Demirci E, 2019					
Koffas, 2016	6m (abstract only)				
Baum, 2018	- Case series only; retrospective; highly				
Villard, 2012		0 y; HR: 0.64; p=0.006			
Parghane 2017 (India)	selected				
Horsch D, 2016 (German registry)	- No randomized phase 3 study val data for LNET only)				
Bodei L, 2016					
Mandair D, 2017					
Sharma, 2018	18	135 all sites well-diff NET	<sup>90</sup> Y (83%), <sup>177</sup> Lu	mTTP all = 23.9m mTTP LNET = 18.6m	
van Essen, 2007	9	5 gastric, 2 thymic	<sup>177</sup> Lu	mTTP = 31m	
Khan S, 2011	?	265 GEP + LNET	<sup>177</sup> Lu	Improved QOL, PS	
Sabet, 2017	22		<sup>177</sup> Lu	Med PFS = 27m PR= 6, SD= 9, PD= 7	
Garske-Roman, 2018	6	200 all sites, mainly GEP	<sup>177</sup> Lu	Med PFS for lung = 18m	
Gabriel, 2019	4	34 GEP, 2 UP, 2 non-NET	<sup>90</sup> Y	12 year f/u (retrospective), mOS= 79m, 32% of all pts still alive	

#### **Treatment Choices**

Tools	Evidence level
- SSA	SPINET (early terminated), LUNA (Can extrapolate to other SSA?)
- Everolimus	RADIANT4
- Chemotherapy	Cases Series
- PRRT	Cases Series (NETTLER study only limited in midgut NET)

# ENETS Consensus & Recommendations for Pulmonary Carcinoids (2015)



\*Progression is defined according to RECIST criteria. **PRRT:** peptide radiolabeled receptor radiotherapy.

#### NCCN Guidelines Version 1.2019 Comprehensive Neuroendocrine Tumors of the Gastrointestinal Tract.

NCCN Guidelines Index Table of Contents Discussion



<sup>c</sup>Multiphasic imaging studies are performed with IV contrast.

<sup>o</sup>See Principles of Systemic Anti-Tumor Therapy (NE-D).

National

Cancer

NCCN

VSee Principles of Peptide Receptor Radionuclide Therapy (PRRT) with 177Lu-dotatate (NE-E).

<sup>2</sup>If disease progression, treatment with octreotide or lanreotide should be discontinued for nonfunctional tumors and continued in patients with functional tumors; those regimens may be used in combination with any of the subsequent options. For details on the administration of octreotide or lanreotide with 177Lu-dotatate, see NE-E.

<sup>ff</sup>Neuroendocrine tumors are highly heterogeneous and all elements need to be considered (eg, burden of disease, symptoms, histopathology, rate of growth) when determining the best course of treatment. ggObservation can be considered if asymptomatic or for tumors on the lower end of the spectrum.

hh Can be considered for intermediate-grade/atypical tumors with Ki-67 proliferative index and mitotic index in the higher end of the defined spectrum.

#### How I treat NET patients



#### Take Home Message

- 1. Lung NET WHO 2015 categories need urgent refinement
- 2. Lung NET/NEC are more heterogenous than expected
- **3. Biology** is King. **Patient selection** is Queen.
- 4. RADIANT4 study demonstrated Afinitor prolongation of PFS in patients with well-differentiated, advanced, progressive, nonfunctional NET of lung (Most Evidence of any therapy).
- 5. We need more reliable clinical trials in pulmonary NETs.