

演講摘要

- 1. Optimize The COPD Treatment Through Triple Therapy:** With recent updates to COPD guidelines, the critical impact of exacerbations on patient outcomes has gained increasing recognition. Consequently, this lecture focuses heavily on how triple therapy delivers substantial clinical benefits for these patients. The speaker will share the latest treatment guidelines, clinical data on various triple therapies, and the nuances of medication application. This session aims to help clinicians clearly understand how to prescribe the most appropriate medications to optimize COPD disease control.(隨著 COPD 指引的改變，惡化對於 COPD 病人的重要性越來越提升，因此三合一治療如何為病人帶來臨床上的好處將是此演講的重點。講師會分享最新的治療指引、不同三合一治療的 data，以及藥品使用上的差異性，以幫助臨床醫師更清楚知道如何處方適切的藥品給病人，以提升 COPD 的疾病控制。)
- 2. From Dual to Triple Therapy: The life-time control for COPD patients:** As COPD is a chronic disease, comprehensive management extends far beyond medication alone; it requires early detection, appropriate disease education, and correct inhaler technique to truly care for these patients. This lecture will approach the topic from the perspective of early-stage COPD treatment, introducing pharmacological differences and the latest clinical data. It will also discuss escalation strategies for patients with unstable control to deliver optimal therapeutic outcomes. By covering everything from initial treatment selection to managing poorly controlled disease, this session provides clinicians with a comprehensive therapeutic framework.(COPD 是一個慢性疾病，不僅是用藥，如何盡早發現疾病、並提供適切的疾病衛教，加上正確的使用藥品，才能全面照顧 COPD 病人的疾病。此演講將從 COPD 早期的用藥切入，並介紹藥品的差異性及最新的臨床數據，並討論對於控制不穩的病人如何進行升階，才能為病人帶來最佳的治療。從起始用藥到控制不佳的藥品選擇，提供臨床醫師全面的治療想法。)
- 3. Beyond Symptoms Control: Disease Stability in Real World Practice for your COPD patients:** With the advancement of COPD treatment concepts, achieving “disease stability” has become a central therapeutic goal. This session will focus on the latest guidelines and clinical evidence, highlighting the importance of early escalation to triple therapy in the disease course. Through updated international studies and real-world evidence, we will explore how early escalation can reduce the risk of acute exacerbations, improve symptom control, and help patients achieve long-term stability. The speaker will also share practical clinical experience, discussing patient selection and key decision-making factors to support physicians in optimizing treatment timing.(隨著 COPD 治療觀念的進步，「疾病穩定」已成為治療

目標的重要核心。本場次將聚焦於最新指南與臨床證據，說明在疾病早期階段即進行三合一吸入治療（Triple Therapy）升階的重要性。透過國際最新研究與實證資料，探討早期升階如何有效降低急性惡化風險、改善症狀控制，並協助病人達成長期穩定。講者將結合臨床實務經驗，分享適合升階的族群與決策考量，協助醫師在臨床上更精準掌握治療時機。）

4. **從疾病到治療，為病人選擇最適切的藥物：** With advances in respiratory care, new technologies continue to emerge not only in diagnosis but also in medication and devices. Therefore, a critical challenge in clinical practice is helping patients choose the most appropriate treatment to achieve optimal disease control. This lecture aims to help clinicians clearly understand the differences between various medications, enabling them to provide the most tailored therapeutic options across different clinical scenarios.(隨著呼吸道領域治療的進步，不僅是診斷、藥品及 device 也不斷有新的技術。因此，如何幫助病人在呼吸道疾病中選擇最適切的治療，讓病人得到最佳控制是臨床上非常重要的議題，希望透過此演講幫助臨床人員更清楚各藥品間的差異性，在不同情境為病人提供最適切之治療選擇。)
5. **呼吸道疾病的照護及管理：** Unlike traditional oral medications, the effectiveness of respiratory disease management relies heavily on the proper use of inhalers. Therefore, improving patient device technique to achieve superior clinical outcomes is a vital topic in healthcare. This lecture is designed to enhance healthcare professionals' understanding of various device characteristics, empowering them to provide detailed guidance on correct usage during prescribing and patient education, ultimately leading to better disease control.(相較其他口服藥，呼吸道疾病控制的好壞和吸入器的使用有很大程度的關聯性，如何提升病患操作 device 的正確性，帶來更好的疾病控制是臨床非常重要的議題。透過此演講，希望讓醫療人員更了解不同 device 的特性，並在處方或衛教過程詳細教導病患正確的使用方式，已帶來更好的疾病控制。)